

Did you know that you can submit your claims reimbursement request online? Just log in to My Plan at HealthPlansInc.com.

Employer Name: _____ **Group Number:** _____

WHAT TYPES OF HEALTH CLUBS QUALIFY UNDER THIS BENEFIT?

- Qualified, full-service health and fitness facilities that provide cardiovascular and strength-training equipment and facilities for exercising and improving physical fitness qualify, such as health clubs and fitness centers, YMCAs and YWCAs, Jewish Community Centers and municipal fitness centers.
- Fitness studios/facilities that offer the following activities also qualify: yoga, Pilates, Zumba®, aerobic/group classes, indoor cycling/spinning classes, kickboxing, CrossFit®, strength training, tennis, indoor rock climbing, personal training (taught by a certified instructor).
- The following do not qualify for reimbursement: fees for group classes or personal training outside of a fitness facility/studio; health club initiation fees; costs for instructional dance studios, country clubs, social clubs (e.g., skiing, riding or hiking clubs), spas, gymnastics facilities, martial arts schools, pool-only facilities, road race fees, sport camps, ski passes, sports teams/leagues and school sports athletic user fees.

WHEN TO SUBMIT THIS FORM:

- Please refer to your Plan Document or your Summary of Benefits and Coverage for specific details concerning this benefit, including limits and/or restrictions, under your plan.
- Once all sections have been completely filled out and signed by the employee, please mail the completed form with all necessary documentation (copies of receipts and your health club membership agreement form) to Health Plans.

Employee Information				
Employee Last Name	First Name	MI	Health Plans Member ID#	
Mailing Address	City	ST	ZIP Code	
Date of Birth	Email Address		Primary Phone	

Member/Dependent Information					
Reimbursement is requested for the following participant (please check): <input type="checkbox"/> Employee <input type="checkbox"/> Spouse/Partner <input type="checkbox"/> Child/Other Dependent <input type="checkbox"/> Ex-Spouse					
If reimbursement is requested for a participant <i>other than the employee</i> , please provide the dependent information below:					
Last Name	First Name	MI	Gender	Date of Birth	Relationship

Health Club Information				
Please provide the following information:				
DATES ATTENDED: From: MM/DD/YYYY To: MM/DD/YYYY	FITNESS CLUB NAME	ADDRESS, CITY & STATE	PHONE NUMBER (incl. Area Code)	\$ AMOUNT CLAIMED
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I certify that the information on the form and all supporting documents are complete, accurate and unaltered.

Signature: _____
Signature of Employee
Date Signed

Submit this completed form and your supporting documentation to:

Health Plans, Inc. — Corporate Headquarters • PO Box 5199 • Westborough, MA 01581 • 800-532-7575 • 508-792-1188 (fax)